

Poynette Panther Youth Sports Association– Cheerleading

Practice Attire Agreement

I understand that my athlete needs to follow rules based on WIAA cheer rules and the Poynette Cheer program. I understand that my athlete cannot wear any jewelry including but not limited to bracelets, necklaces, earrings, piercings, hair ties, water park bracelets etc to practice, games, performances or competitions. I understand that if my athlete gets any type of new piercing they need to remove it or tape it, but it needs to be fully removed for games, performances and competitions. I understand that my athletes' can get their nails done, however colored nail polish can not be worn at competition. They cannot be seen over their finger tips. I understand that athletes will be asked to cut their nails shorter or remove fake or colored nails for competitions. Athletes need to wear their hair up, out of their face and off of the neck and shoulders, in a pony tail. No claw clips are allowed.

I understand that my athlete needs to wear tennis shoes (spring/fall) or cheer shoes (winter) at all practices, games, performances and competitions. I understand that my athletes on the middle school or high school team are **required** to wear briefs (spandex shorts) and a sports bra under their t-shirt and shorts for practices. I understand if my athlete is on the mini panthers, exhibition or elementary competition team it is **strongly encouraged** to wear a sports bra or tank top and briefs under their t-shirt and shorts but not required for practices. I understand that my athlete should not wear a hooded sweatshirt to practices or games but they are able to wear a crewneck sweatshirt.

I understand that if my athlete is not following one or more of the rules above they cannot participate in stunting, for practices, games, and performances. I understand that if athletes at the middle school or high school level are not wearing a sports bra or briefs under their shirt or shorts for practice, parents will be notified.

I understand that my athlete needs to follow uniform, hair and make up instructions given for competitions, games and performances. I understand that if my athlete is not in the correct attire the Poynette cheer coaches are not responsible for any injuries that may occur and athletes may be asked not to participate in some parts of practice, performance or games.

I understand that these rules are for my athletes safety as well as the safety of the coaches and the other athletes within the program.

**** As agreed on in the Poynette Cheer registration forms****